



# HIGHLIGHTS 2022

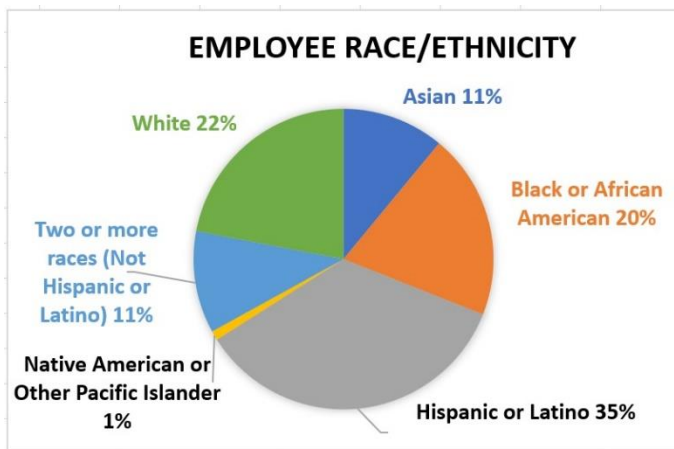


## 2021-22 Fiscal and School Year Accomplishments

Throughout the 2021-2022 fiscal and school year, EBAC worked to help children, youth, teachers, and school staff adapt to being back on school campuses in the middle of a pandemic and to help families begin to address and overcome the resulting and persistent economic and emotional challenges and barriers facing them. Included here are highlights of this critical work.

### Agency-wide Achievements

- EBAC's CEO participated in significant and successful advocacy on the local and state level for increased public investment in mental health services
- EBAC kicked off our 70<sup>th</sup> year of operation
- EBAC employs a very diverse workforce



### Trauma Transformed

Trauma Transformed worked with more than 50 public and community-based organizations in 7 states to implement trauma-informed and healing policies and practices. Adapting to the new way of learning, Trauma Transformed also created a version of its cornerstone Trauma Informed Systems (TIS) 101 training to be conducted using a hybrid of recorded video material and on-site support. Trauma Transformed documented its effective healing circles curriculum in a new facilitator's guide to train people how to create healing spaces and to facilitate those healing spaces safely within their own organizations.

### Family Resource Centers

EBAC's five Family Resource Centers worked with over 1,000 Alameda County residents to enhance the protective factors that enable families to thrive. Speaking 10 languages, staff helped an additional 5,000 families meet their basic needs. Of particular note this year, staff facilitated the distribution of direct cash funds for rental and food assistance to families, provided application assistance for pandemic rental relief, and assisted in resettlement activities for the incoming Afghan refugees, providing services in their native languages.

### Grief Services

Covid-19 heightened grief for many families. EBAC responded with Circle of Care grief peer support groups and Resilient Parenting for Bereaved Families training 71 family members. Staff also offered grief-based parent workshops in both English and Spanish through our Family Resource Centers and trained people who work with children and youth on the Developmental Stages of Grief to increase their ability to appropriately support grieving children.



In 2022, EBAC  
was named a Top  
Workplace for the  
7<sup>th</sup> time





### Little Ones @ EPIC

EBAC re-designed our intervention services for pre-school aged children during the Covid-19 shutdown. The new EPIC program ran its first full year in FY21-22, working with preschool, T-K and Kindergarten students at Achieve Academy and Stonehurst Child Development Center during the school year and at our EBAC site for an 8-week summer program. EPIC clinical therapists and early intervention specialists gave 26 kids - and their teachers - tools to manage emotions, stress and behaviors.

### Empowerment Services

272 Oakland youth aged 8-21 received over 4,000 hours of case management, youth navigation and counseling services that helped them shift the trajectory of their lives by setting and working toward long and short-term life goals including high school graduation, securing a job, obtaining a driver's license or state ID, and clearing legal or immigration hurdles

**85% of youth surveyed expressed positive benefits from the program services and their assigned staff**

### School-based Counseling

EBAC clinical therapists provided 25,000 hours of mental health support to nearly 900 students in 41 schools in 8 school districts, conducting work with children and youth aged 5 to 19. EBAC's high quality individual rehabilitation, therapy, and case management services earned us supplemental contracts to provide additional services, including supporting school staff with challenges around burnout. Based upon data collected, the primary trauma histories of the children and youth we served were disruption in caregiving and natural or manmade disaster such as pandemic related trauma.

#### TRAUMA HISTORY OF OUR CLIENTS







## Afterschool Services

When students returned to campus in person in August 2021, EBAC's afterschool staff quickly adjusted our afterschool program to keep 571 kids on 5 Oakland campuses physically safe with social distancing, keep them emotionally safe after a year and a half of isolation, and generally navigate teaching with all of the new Covid-19 protocols. Additionally, staff pitched in wherever the school needed help, including providing reading intervention, noon supervision, and recess monitoring. As a testament to our afterschool program's quality, Oakland Unified School District selected EBAC to run its summer afterschool program for 165 students, and Crocker Highlands Elementary School selected EBAC to begin managing its before and afterschool program starting August 2022.

## Intensive Mental Health Interventions

EBAC's Counseling Enriched clinical therapists and behavioral health counselors invested 6,000 hours supporting 67 middle and high school students on 5 campuses in Oakland and Alameda, helping these students navigate what was, for many, a challenging transition from pandemic isolation to social overwhelm as classes began meeting in person starting last fall. Multiple students across our high school sites graduated including 2 students who graduated early. Some students secured employment or initiated the process of applying for a job, while others began thinking about possible career paths after high school.

## Early Childhood Education

Can three-year olds Zoom? Absolutely. EBAC's adept early childhood program staff used finger puppets, costumes, and story time to keep children engaged and parents connected to one another and to needed resources throughout another remote program year.

## Learning & Education

EBAC continued to expand the depth and breadth of our training subject matter and increased our reach to a larger audience of youth-serving professionals and para-professionals from both EBAC and 152 other organizations. Trainings built skills in topics such as social justice and healing, trauma awareness and resilience, and clinical techniques.



## Frick Health & Wellness Center

In addition to managing the traditional physical and mental health services offered through the school-based health center at Frick United School of Languages, EBAC staff led two weekly Mindful Leadership classes for Frick's middle school students. These Mindful Leaders facilitated Mindful Moment Monday meditation announcements over the school-wide intercom in Spanish and English each week. EBAC's wellness coach continued support for teachers and school staff including brief "hallway" check-in's, on-going individual trauma support consultations, Trauma Informed Care and Classroom trainings, and student crisis check-ins.



## Mission

East Bay Agency for Children improves the well-being of children, youth and families by reducing the impact of trauma and social inequities.

## Vision

We are committed to building a comprehensive, place-based continuum of accessible, trauma informed and culturally relevant services that build resiliency, aid in recovery, and, where possible, prevent exposure to adverse childhood experiences.

We seek to reduce barriers that contribute to disparities in wellness for socioeconomically disadvantaged and racially marginalized families and to create communities where all children and families have supports to reach their full potential.

## What People are Saying



*"EBAC has incredibly thoughtful and equity-minded leadership. Their experienced coordinators partner closely with schools to create safe and engaging spaces for youth to truly thrive with enriching and educational experiences. Their priority is always the student and family experience, sustainability, empowerment and growth." - Priscilla Parchia Hamilton, Program Manager, Oakland Unified School District*

*"EPIC has been a game changer for both me and my participating students. The push-in support during academic portions of the day allowed my students to engage in the lessons. After several months, they no longer needed the intense support and are now able to participate independently." - Monica Valerian, Kindergarten teacher, Achieve Academy*

*"The training was helpful for me in allowing me to dive into all the different ways trauma manifests in the classroom." - Teacher, Frick United School of Language*



**In partnership with our donors and funders, EBAC invested \$15.9 million in our community**

2828 Ford Street, Oakland, CA 94601

# East Bay Agency for Children

For more information, contact Julie West  
[JWest@EBAC.org](mailto:JWest@EBAC.org) or 510-844-6708

**EBAC.org**

