



HIGHLIGHTS 2020

2019-20 Fiscal and School Year Accomplishments

Then COVID Hit

The 2019-2020 school and fiscal year was humming along with EBAC staff actively working to meet the needs of the thousands of child, youth and family clients we serve annually. Then COVID hit. Staff immediately regrouped and began asking families, “*What do you need right now?*” Staff pivoted their work to provide telehealth counseling and text check-ins; deliveries of food, diapers and cleaning supplies; connection to Wi-Fi and computers for distance learning; connection to pandemic related relief benefits and services; virtual afterschool and grief support programming and so much more. We provided direct financial support to immigrant and undocumented families left out of government relief. This work and family wellness checks continued through the end of the school year, into the summer and beyond.

And Then the Call for Racial Justice

EBAC’s commitment to reduce the impact of social inequities is embedded in our mission statement and an overt part of our work and organizational culture. When George Floyd’s death ignited a renewed call for racial justice, EBAC publicly recommitted to our equity goals:

- Prioritize racial equity within our own organization knowing we are a part of systems that perpetuate white supremacy and are not free from the manifestations of this in our own operations
- Guide and shape our programs with input from those who are recipients of our services
- Leverage our experience in system transformation to assist public systems and community-based organization in updating their policies and practices to center equity and be accountable to BIPOC communities
- Share our understanding and knowledge to encourage and educate our supporters and stakeholders to take their own actions to advance the cause of anti-racism

Pre-COVID

Much healing and resilience building occurred prior to the pandemic. Read on for highlights of EBAC’s work last year.

New EBAC HUB

In December 2019, 56 staff relocated from 3 different Oakland offices into our new EBAC HUB at 2828 Ford Street in Oakland’s Jingtletown neighborhood. This renovated carpet warehouse is now home to EBAC’s administrative function as well as many programs and their staff. Oakland Mayor Libby Schaff helped cut the ribbon at our Grand Opening. Thank you to our generous donors who contributed to our Capital Campaign. Phase 2 of this Campaign, launching in 2021, will transform a second building on this site into a vital community asset.



Trauma Transformed

Trauma Transformed’s reach is national. Projects included:

- Provided technical assistance to develop and implement curriculum and leadership practices to eliminate racial inequities in maternal health in 14 New York City hospitals
- Led Healing Networks in California and Washington to center trauma-informed and racially just systems
- Trained over 3,000 staff in 7 Bay Area pediatric safety net clinics to embed trauma-informed screening, practices, and structures enabling staff to better respond to client ACES (Adverse Childhood Experiences) www.TraumaTransformed.org



Family Resource Centers

Staff at EBAC's 5 Family Resource Centers in Fremont, Hayward, San Leandro and Oakland enrolled or re-enrolled thousands of families in Medi-Cal and Cal Fresh to help these families send their children to school healthy and fed. EBAC's Family Resource Centers distributed 264 tons of food via foodbanks and mobile food pantries. EBAC staff contacted 1,551 families to share the importance of dental health and connected 562 of these families directly to dentists. Families facing significant barriers to health were assessed for pressing needs, linked to benefits and resources, and co-developed with staff an individualized family case plan to build parental skills that promote wellness, functioning and resiliency.

School Based Counseling

EBAC's 67 clinical therapists provided 30,107 hours of services to 982 children and youth who attend 44 schools in 8 school districts throughout Alameda County. Students experiencing anxiety, depression, and self-regulation issues, as examples, received individualized treatment to build skills and resilience. Through funding new to EBAC this year, our therapists were able to serve 60 families otherwise ineligible for counseling services, including children and youth in Berkeley to whom we had previously been unable to offer such behavioral healthcare.



Intensive Counseling

70 students in special education programs in 5 high schools and one middle school in Oakland and Alameda received intensive daily coaching and ongoing therapy from EBAC to help them identify and achieve personal goals that included increasing participation in mainstream classrooms, improving self-regulation, building healthy relationships with adults and peers, and working toward academic achievement and graduation.

EBAC INVESTED \$15.5 MILLION IN OUR COMMUNITY'S CHILDREN AND FAMILIES, \$1 MILLION MORE THAN THE PRIOR YEAR

Afterschool

Over 500 students in 4 Oakland schools participated in our afterschool programs. In addition to academic help and enrichment classes, these elementary school students received specialized support from EBAC staff that fostered their love of learning and helped them develop skills to regulate their emotions, cope with everyday challenges, and build strong and healthy relationships with peers, teachers and family members. EBAC staff work in partnership with the school staff as well. One principal remarked, *"Our afterschool Program Coordinator is phenomenal! She runs an organized, rigorous program. I love having her as part of my team"*.



Grief Support

169 members of 67 grieving families found healing through 6 sessions of our 10-week peer support group program and 3 cycles of Resilient Parenting for Bereaved Families educational workshops. EBAC conducted our very first Spanish speaking Circle of Care groups and focused energies cross referring families to EBAC's Family Resource Centers to help them meet other critical needs during difficult times.

Frick Health and Wellness Center

Students at East Oakland's Frick Impact Academy middle school received medical, dental and behavioral health services at the Health & Wellness Center EBAC manages on campus. Staff at Frick also received tremendous support from EBAC's Wellness Coach who completed his 4th year collaborating with teachers and other school staff to build their own resilience against trauma and incorporate healing and mindfulness practices into their classrooms and campus culture.



Therapeutic Nursery School

EBAC's Therapeutic Nursery School provided specialized services to 16 students addressing social, emotional and learning challenges often resulting from early childhood trauma. Planning began to broaden the program's reach with a program redesign that we plan to implement in 2021.

Early Childhood Education

Early childhood activities started at the Central Family Resource Center expanding the important parent/child educational readiness programs already in operation at our Hawthorne Family Resource Center (HFRC) also in Oakland. HFRC staff devised a plan to provide food to all families enrolled in its two early childhood programs at Achieve Academy when the health and financial crises began.

Youth Empowerment

EBAC's case managers, newly trained in advanced coaching techniques, invested 2,600 hours in 183 Oakland youth, helping these teens set and attain meaningful goals that put them on the path to a hopeful future. EBAC Case Managers know that the care, attention and commitment of just one adult, like themselves, can tip the scale for a youth at risk of making bad decisions that forever change the trajectory of their life.



Training

East Bay Agency for Children's training program doubled in size from the prior year. EBAC provided 1,759 hours of training to 3,870 child and family serving professionals from EBAC and 77 partner agencies. Our trainings focused on increasing knowledge of trauma informed practices, child and family resiliency building strategies, and understanding the importance of cultural identity, bias, and privilege.



Sampling of COVID Response Services

EBAC therapists remained a consistent source of support during a time of change and deep uncertainty for our student clients and their families. We gave supplies to clients so they could continue art and play therapy with their EBAC therapist via tele-health. We provided families with grocery gift cards to help ease their stress.

Teen participation in Circle of Care grief support grew as we implemented Zoom groups during COVID, expanding our understanding about how to best serve the needs of a digitally savvy generation.

EBAC staff assisted overwhelmed families with their unemployment applications, spending hours on the phone in an oversaturated system to follow-up.

EBAC offered custom trainings for staff and other organization's service providers on Trauma Informed Pandemic Responses, including Understanding the Four Phases of a Pandemic, Clinical Guidelines for Services During COVID, and Community Resources during COVID.

EBAC's Wellness Coach offered Turn-It-Up Tuesday's "Shelter In-Grace" 20 minute, mid-day exercise break Zoom sessions to help staff relax and recharge as we navigated through the uncharted waters of COVID together.

An army of volunteers, many from the EBAC Auxiliary, joined EBAC staff to launch and operate home delivery of food normally provided to families via a traditional in-person food bank not safe to operate during the pandemic.

East Bay Agency for Children improves the well-being of children, youth and families by reducing the impact of trauma and social inequities



EBAC.org

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