

Message from the Executive Director

I am pleased to join East Bay Agency for Children as the new Executive Director. The positive welcome I received from the staff, Board of Directors, previous EBAC Executive Directors and the community shows the healthy spirit and strong reputation that EBAC has earned. **EBAC is a great organization!**



Steve Eckert, LCSW

I spent the first part of my career working as a mental health clinician with children, teens and families in schools, group homes and clinics in San Mateo County. For the past 12 years I have served as Director or Executive Director of the same programs.

EBAC is healthy. While the governmental funding picture is unclear for 2005-06, our situation is strong for this year. While private foundations have not been able to fill in the gaps left by reduced government funding, their portfolios are rebounding from the recession. Non-profits are more reliant now on the community to support their community programs and EBAC is no exception.

EBAC's values are an indicator of the agency's interpersonal health. EBAC's Board and staff articulated the values that guide our work together:

- Excellence
- Diversity
- Respect
- Compassion
- Partnership

EBAC is growing. Our Prevention and Life Skills (PALS) school based mental health programs will serve more than 2000 children and families this year in 25 schools from Oakland through Fremont.

Our Child Assault Prevention Program (CAP) will teach 8,000 kids this year how to protect themselves from potential abuse.

The passage of Proposition 63 (Mental Health Services Act) and Oakland's Measure Y may present EBAC with the opportunity to grow prevention programs.

EBAC has a strong management team. We welcome Laura Skaggs as the new Director of Human Resources. Beth McCarty, previously Program Director at EBAC's Sequoia Healthy Start, has been promoted to Director of School and Community Services. With new Program Directors Nicole Zink at New Haven Day Treatment and Charlotte Moore at Oakland Day Treatment, our management team supports a diverse and committed staff of 150.

EBAC has a committed and growing Board of Directors. The Board welcomes Dana Hughes, Zeryn Mackwani and Allen Arseneau. Zeryn and Allen are participating in Stanford's Board Fellows Program, and will be developing a planned giving program for EBAC.

I am excited to join the EBAC team, and I hope that you will join me in what ever way you can in making a difference for the 15,000 children and families that EBAC serves.

Steve Eckert, LCSW
Sincerely, Steve Eckert, LCSW

EBAC Information

PROGRAMS

- Child Assault Prevention (CAP)
- Circle of Care
- Fremont Day Treatment
- Fremont Healthy Start
- Hawthorne Family Resource Center
- New Haven Day Treatment
- Oakland Day Treatment
- Prevention and Life Skills (PALS)
- Sequoia Healthy Start
- Therapeutic Nursery School

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EXECUTIVE DIRECTOR

Steve Eckert, LCSW

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- Micheline Beam, Ph.D.,
Director of Clinical Services
- Brenda Lynch
Director of Development
- Beth McCarty
Director of School and Community Based Services
- Laura Skaggs
Director of Human Resources

Perspectives is the official newsletter of East Bay Agency for Children

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Design: SF Art Department



East Bay Agency for Children (EBAC) is

dedicated to bringing health, hope and opportunity to more than 15,000 children and families in Alameda County each year. Our programs provide therapeutic support for children who have suffered from abuse and neglect, prepare children to succeed in school, and help to strengthen families and communities.



Specialized Therapeutic and Educational Services

EBAC works at four program sites in Oakland and Fremont to heal and educate children who suffer from serious emotional disturbances. These programs combine counseling and mental health services with a full day school curriculum.



School and Community-Based Services

These programs provide comprehensive and coordinated services to children and families. Working through schools and community organizations, they promote school success and help to build stronger, safer families and communities.

To find out more about EBAC's programs, please visit our website at www.ebac.org

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Perspectives

EBAC BEGINNINGS

A Tribute to Frankie Lemon



On December 5th, 2004, more than thirty friends and former colleagues of founding Oakland Day Treatment director and teacher Frankie Lemon gathered to dedicate a memorial garden bench honoring her life's work. When Frankie Lemon died this past August at the age of 87, EBAC lost a unique part of its history. In 1952, a young mother named Mrs. Elizabeth Farragoh sought a day facility for her autistic, twelve year

"She was a complete individual. I never met anyone like her and probably never will."

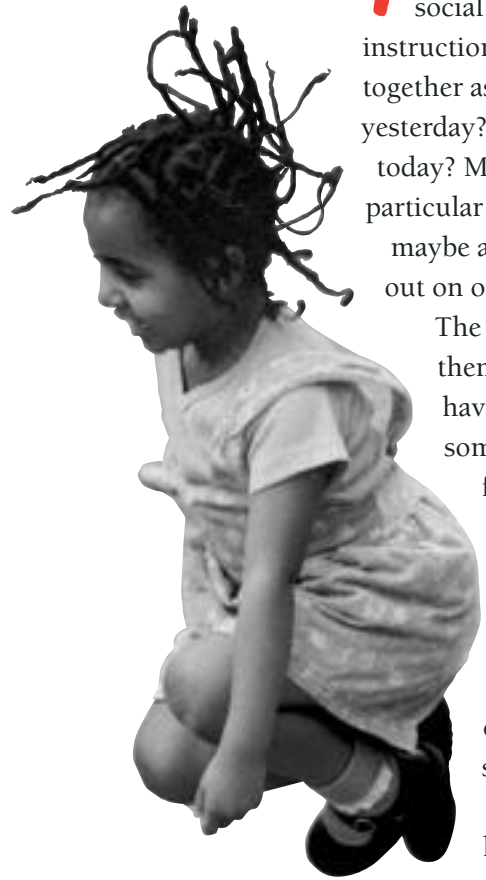
David La Piana

Fueled by her determination, Mrs. Farragoh started her own program in Berkeley and recruited a young woman named Lillian Weitzner to be its director on a volunteer basis. Ms. Weitzner was very interested in children with emotional problems and had worked at Bellevue Hospital in New York City. After a short time on the job, and after having to change locations because of building conditions, Ms. Weitzner recruited Frankie Lemon as old daughter, Suzi. Mrs. Farragoh desired a program that provided educational services and day care for her daughter. Unfortunately, what she inevitably found, was that there were no such programs in existence at that time.

- the first day treatment teacher/director
- for the site in Oakland. For nearly 40
- years Frankie gave of herself as EBAC's
- Oakland Day Treatment Program
- Director.

Continued on page 2

A Day in the Life at Oakland Day Treatment



The day begins always at 8:30am. The staff of social workers, mental health specialists, and instructional assistants arrive. We meet and talk, together as a team, about the kids. What happened yesterday? What are we expecting to have happen today? Maybe a parent called to inform staff of a particular crisis that happened in the household or maybe a parent doesn't call and we have to figure it out on our own.

The students arrive by bus at 9:00am. We greet them and see them to their class. Some kids have trouble transitioning. They come with some very big emotional issues related to family history, past trauma, current real life situations that are painful, and mental health issues that make it difficult to be in a school setting. The structured program offers each child individualized academics and psychotherapy, arts and crafts, play groups, community meetings, skill groups and expressive art therapy.

One day last week a little girl (let's call her Julie) began to show behavior that was out of the ordinary for her, resisting engagement and threatening peers and staff. We began to wonder what might be happening for Julie. The Social Worker called her Mother to inquire. Julie's Mom said that she had taken a younger girl into her

home as a foster child the previous weekend. Julie, herself, is a 9-year-old girl who has been fostered in this home since she was 3 years old. By the morning meeting on the third day, staff struggled to find a way to help Julie. We decided that Julie needed to feel special and important. The day before she had said that the new girl at home was "prettier and smarter" and "Mom will like her more than me." The Program Director approached Julie when she arrived that morning and asked her to plan a celebration for Dr. King's birthday. Julie spent the day enlisting the help of 2 other students and several staff members. The students planned the event and wrote both a speech and a song. Julie arrived for school the next morning all dressed in her beautiful, red, African-style garment because of her important role at school. Julie's Mother showed up at the end of the school day and the three students gave her a private performance. Julie was proud of herself, and she knew that her Mother was proud of her.

Not all of our best-laid plans work out this well. We don't have a rule book that tells us the right thing to do when a kid is struggling with issues. Often we don't know the impact of our work. What we do know is that thinking about the kids is what matters. That's what we do at Oakland Day Treatment.

Written by Charlotte Moore and the Oakland Day Treatment Staff

A Tribute to Frankie Lemon

Continued from page 1

Little was known, at that time, about autistic children and the guidelines for this kind of program were few and far between. So, Frankie incorporated her experience as an art teacher and her captivating personality to create a legacy of caring for emotionally disturbed children.

Frankie Lemon studied with Anna Freud (yes, THAT Anna Freud) at the Hampstead Clinic in London, and knew many of the greats of child psychoanalysis including Bruno Bettelheim and Erik Erikson. Her vision of how to help special needs children included several components that have since become mainstream. East Bay Activity Center, as it was known at that time, was the first day treatment program in the western United States. Its unique brand combined relationship and trust-building activities, individualized academics, cooking, gardening and many other activities, all of which were crafted and tailored by Frankie to fit the needs of the children she served.

East Bay Agency For Children owes a large debt of gratitude to those who paved the way – Mrs. Farragoh's desire and Ms. Weitzner's ambition. But, it was Frankie Lemon's creativity and methodology and love for children that molded the phenomenal model programs that provide valuable services to many children with emotional disabilities in the East Bay. It is because of her invaluable contribution that we salute Frankie Lemon, the Heart and Soul of EBAC.



"She was stubborn, irascible and demanding, but so wholly committed to EBAC and to each of us on staff that we always loved her."

David La Piana

Viva Las Vegas

The Child Assault Prevention Training Center (CAP) Annual Masquerade Ball

EBAC's Child Assault Prevention Training Center (CAP) "hit it big" as a result of their 2004 Annual Masquerade Ball. With a Las Vegas style roll of the dice, CAP netted nearly \$40K to support this fundamental program that aims to teach children how to be Safe, Strong & Free by recognizing and responding to abusive and unsafe situations.

The CAP Ball was held on October 23rd at the home of Marti Pozzi and Mike Bartlett in Piedmont. The CAP Auxiliary planned every detail of the event, which included live rock and roll music by Nady Band "T2", marvelous food, and Las Vegas nightlife fantasy.

Over 200 friends of EBAC and CAP celebrated the significance of supporting such a vital program, with Las Vegas style gambling, dancing, and bidding on live and silent auction items. Highlights from the event are captured by the words of CAP Auxiliary members.



Event Co-Chairs Marcy Nathan and Jennifer Brandenburg (Center) and hosts Marti Pozzi (L) and Mike Bartlett (R).

"We played billiards in the Mermaid Room and then danced for an hour to the rock and roll - couldn't believe it was a CAP supporter playing the keyboard!"

Katherine Brown Ball

"The CAP Ball gets better and better each year, which translates into important funds for the program. This is an annual event not to miss."

Jennifer Brandenburg

"We had such a good time! When's the next one?"

Christine Rennels



EBAC and CAP

would like to extend a special thank you to the CAP Auxiliary for many years of dedication and committed support.

Kathy Brown Ball
Carson Barnett
Alison Beyer Vicas
Jennifer Brandenburg
Susan Carroll-Kossak
Kramie Chan
Leianne Crittenden
Debra Dryden
Patty Dunlap

Lee Faberman
Alicia Faugier
Claire Faughnan
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Betsy Lalli

Kate Morrow
Nancy Moscone
Marcy Nathan
Julia Peterson
Leslie Quantz
Christine Rennels
Suzanne Sassi
Marilyn Weber
Robin Wu

Thank You Clear Channel!



A special thank you for your support in 2004

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